

## PRICES

### Lunch

Entrée Soup	\$3
Main Soup	\$5
Main Course	\$5
Dessert	\$3

### Self-Serve

#### Morning or Afternoon Tea

Tea/Coffee	\$1
Biscuits	from 50c
Cake	\$2

### Takeaway

Homemade Frozen Soup	\$3
-------------------------	-----

- Meals are prepared fresh every day.
- Menu is subject to change without notice.

## BOOKINGS

Bookings essential. Please complete a registration form if you would like a regular booking, or alternatively, please ring the Unley Community Centre on 8372 5128 to make a booking as required (before 10.30am on the day). If you need to change or cancel a booking please contact the Centre as soon as possible.

Circuit Café is proudly brought to you by The City of Unley and a host of wonderful volunteers. It is only through the dedication of these volunteers that this fantastic service exists. If you are interested in contributing to the service, please contact the Unley Volunteer Co-ordinator, phone 8372 5111.



## CIRCUIT CAFÉ UNLEY COMMUNITY CENTRE

18 Arthur Street, Unley SA 5061  
Phone: 8372 5128  
unley.sa.gov.au

11 March – 3 May 2018



# CIRCUIT CAFÉ

UNLEY COMMUNITY CENTRE



Welcome to the Circuit Café, a friendly, community orientated meal service offered by the Unley Community Centre. A great place to meet friends and have some great food. Bookings essential prior to 10.30am, please phone 8372 5128. Further information is on the back of this brochure.

**Open Monday, Tuesday, Thursday and Friday**

**Lunch served 11.30am – 12.30pm**

**Bookings essential, prior to 10.30am, phone 8372 5128.  
Groups welcome.**

**CELEBRATING THE OVER FIFTIES WITH FRIENDS & FOOD**

Monday	Tuesday	Thursday	Friday
<b>11 March</b>	<b>12 March</b>	<b>14 March</b>	<b>15 March</b>
<b>CLOSED PUBLIC HOLIDAY</b>	Cottage Pie <b>GF</b> Spinach & Cheese Pie**	Quiche** Roast Turkey <b>GF</b>	Meatloaf Chicken Parmigiana
<b>18 March</b>	<b>19 March</b>	<b>21 March</b>	<b>22 March</b>
Butter Chicken Crumbed Fish	Roast Pork <b>GF</b> Shepherd's Pie <b>GF</b>	Salmon Patties Bangers & Mash	Tomato & Parmesan Chicken <b>GF</b> Moussaka <b>GF</b>
Rice Pudding with Peaches Fruit Salad	Lemon Delicious Pear Tart	Peach Melba Chocolate & Vanilla Panna Cotta	Cheesecake Pavlova
<b>25 March</b>	<b>26 March</b>	<b>28 March</b>	<b>29 March</b>
Spinach & Cheese Pie** Honey Mustard Chicken <b>GF</b>	Quiche** Roast Pork <b>GF</b>	Meatballs and Mushroom Sauce Roast Chicken	Vegetarian Moussaka <b>**GF</b> Chicken with Honey & Mustard
Strawberry Flan Apple Cake	Ice Cream Sundae Vanilla Slice	Lemon Meringue Pie Peach Crumble	Banoffe Pie Pavlova
<b>1 April</b>	<b>2 April</b>	<b>4 April</b>	<b>5 April</b>
Cottage Pie <b>GF</b> Zucchini Slice**	Corned Silverside <b>GF</b> Tuna Bake	Roast Lamb <b>GF</b> Meatloaf with Gravy	Beef Goulash <b>GF</b> Spinach & Cheese Cannelloni**
Pineapple Upside Down Cake Lebanese Custard Slice	Cream Puffs Strawberry Nut Sundae	Orange & Coconut Cake Sticky Date Pudding	Plum Crumble Fruit Flan

Monday	Tuesday	Thursday	Friday
<b>8 April</b>	<b>9 April</b>	<b>11 April</b>	<b>12 April</b>
Chicken Stroganoff <b>GF</b> Roast Beef <b>GF</b>	Crumbed Fish Beef Lasagne	Chicken Casserole <b>GF</b> Coconut Lamb Curry <b>GF</b>	Roast Beef <b>GF</b> Zucchini Slice <b>**</b>
<b>15 April</b>	<b>16 April</b>	<b>18 April</b>	<b>19 April</b>
Cheese and Spinach Pie <b>**</b> Apricot Chicken	Moroccan Lamb <b>GF</b> Tuna Bake	Meatballs in Tomato sauce Roast Chicken <b>GF</b>	<b>CLOSED PUBLIC HOLIDAY</b>
Fruit Salad & Ice Cream Eton Mess	Cassata Ice Cream Lemon Meringue Pie	Peaches & Custard Panna Cotta	
<b>22 April</b>	<b>23 April</b>	<b>25 April</b>	<b>26 April</b>
<b>CLOSED PUBLIC HOLIDAY</b>	Chicken Schnitzel Cheese and Spinach Pie <b>**</b>	<b>CLOSED PUBLIC HOLIDAY</b>	Butter Chicken <b>GF</b> Crumbed Fish
	Pavlova Apple & Almond Cake		Meringue Nests Orange Syrup Pudding
<b>29 April</b>	<b>30 April</b>	<b>2 May</b>	<b>3 May</b>
Roast Pork <b>GF</b> Meatballs with Mushroom Sauce	Quiche** Roast Lamb <b>GF</b>	Beef Stroganoff <b>GF</b> Roast Vegetable Tart**	Chicken with Honey & Mustard Spinach & Cheese Cannelloni**
Ice Cream Sundae Plum Crumble	Pear & Apple Strudel Trifle	Lemon Delicious Peach Melba	Tropical Fruit Delight Rice Pudding

Please note: Menu is subject to change without notice.

\*\* indicates a vegetarian dish. **GF** indicates Gluten Free.

You can find the Circuit Café nestled within the Unley Community Centre, 18 Arthur Street, Unley. Bookings are required prior to 10.30am, please phone 8372 5128. Meal prices are available on the back of this brochure.