

Forget Me Not

**A Dementia Friendly
Schools Program**

Name _____
Room _____

Supported by Office for the Ageing, SA Health



Government of South Australia
SA Health



THE CITY of
Unley

My Letter Plan

So far we have been introduced to dementia through Ollie, Ruby and Pops. We have also heard from Dan and his thoughts on dementia. We would like you to write a letter to introduce yourself to an older person, like Pops! Use this letter planner to record your responses to the questions using dot points in the spaces provided. You may also want to think about drawing yourself in your letter. There is space on the next page for you to write out your letter in full sentences and space to draw a picture of yourself.

Start your letter by talking about your favourite subject, interest or hobbies, sports or musical instruments you play.

Talk about a favourite memory you would like to share. Perhaps it was from school, home or while on a holiday. (Include responses to who, what, when, where and why).

Teach your audience about something new. Maybe you would like to talk about how you and your family shop, how you are looking after the environment at home, or what is growing in your garden?

How will you close your letter?

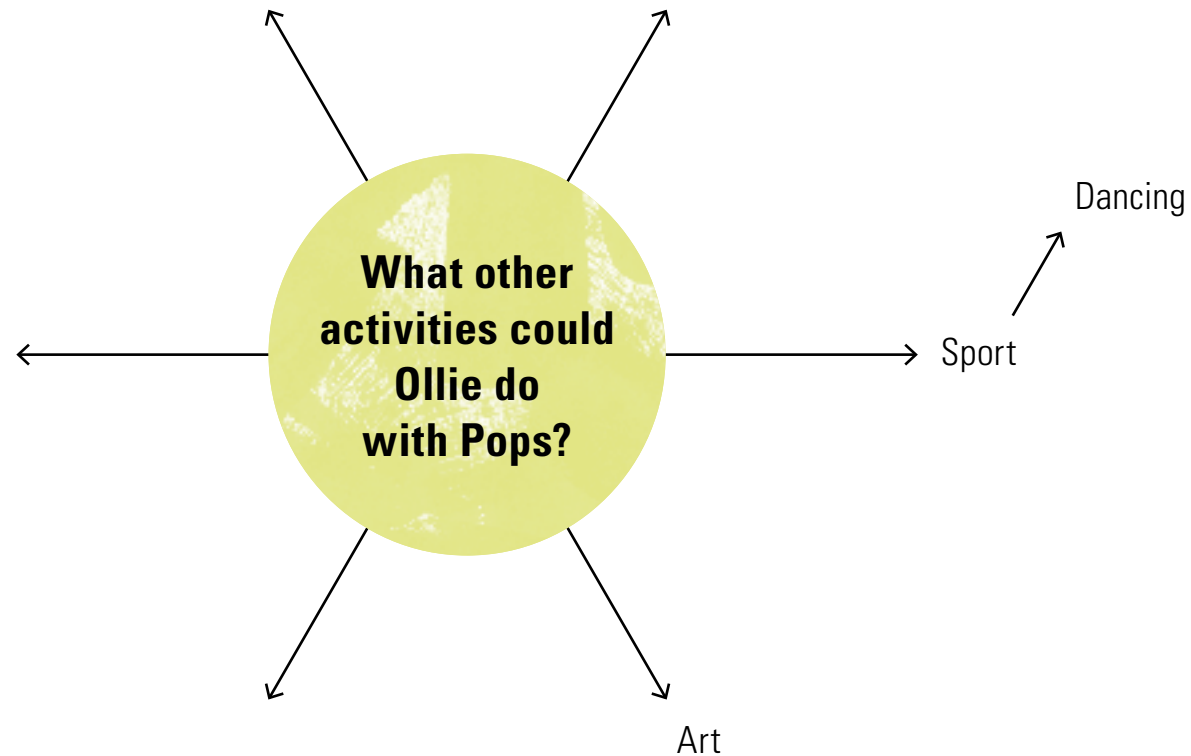


A series of 20 horizontal lines for writing, arranged in a column on the left side of the page.



Activity Ideas Mind Map

As a group brainstorm activity ideas Ollie could do with Pops and document them using the mind map in the space provided. You may decide to start your mind map with a category (sport) and organise your ideas around a topic. Use the ideas below to start your mind map.



Kids 4 Dementia Video 4

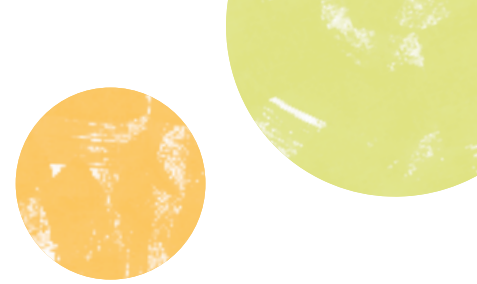
3, 2, 1 Response

After viewing video 6, re-watch the clip once more and fill out the 3,2,1 response in the space provided below.

Record 3 facts from the video.

Record 2 insights from the video (something you found interesting).

Record 1 remaining question you have about the video.



Name of technology:

Inventor:

How does the technology work?

Diagram of technology

How will it support people living with Dementia?



