

## PRICES

### Lunch

Entrée Soup	\$3	Tea/Coffee	\$1
Main Soup	\$6	Biscuits	50c
Main Course	\$6		
Dessert	\$3		

### Takeaway

Frozen Soup	\$3
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\*\*\*\*\* Meals are prepared fresh every day

## BOOKINGS

**Bookings are essential.** Phone 8372 5128

Please complete a registration form if you would like a regular booking, or alternatively, contact the Unley Community Centre to make a casual booking (**before 9.30am on the day**)

If you need to change or cancel a booking, please contact the Centre as soon as possible.

**The Circuit Café is proudly brought to you by The City of Unley and a host of wonderful volunteers. It is only through the dedication of these volunteers that this fantastic service exists**



### CIRCUIT CAFÉ UNLEY COMMUNITY CENTRE

18 Arthur Street, Unley SA 5061  
Phone: 8372 5128  
unley.sa.gov.au

6 May – 28 June 2024



# CIRCUIT CAFÉ

UNLEY COMMUNITY CENTRE



Welcome to the Circuit Café, a friendly, community orientated meal service nestled in the Unley Community Centre at 18 Arthur Street. A great place to meet new people, catch up with friends and enjoy a delicious, affordable meal.

**\*Please note that the Monday meal service is changing.  
See enclosed for more details.**

**Open:** \*Monday, Tuesday, Thursday, and Friday

Meals served between 11.30am and 12.30pm (Orders need to be placed by 12.15pm)

\*No bookings required on Mondays; Mondays open 9.30am – 1pm

**All casual bookings must be phoned in before 9.30am on the day**

**Cost:** Soup \$3 Main \$6 Dessert \$3  
Unley Community Centre - 18 Arthur Street, Unley  
**Bookings Essential, Phone 8372 5128**

**CELEBRATING THE OVER FIFTIES WITH FRIENDS & FOOD**

Monday	Tuesday	Thursday	Friday
<b>6 May</b>	<b>7 May</b>	<b>9 May</b>	<b>10 May</b>
Pumpkin Soup**GF Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Beef & Noodle Soup Chicken Dianne Spinach & Cheese Cannelloni** Coconut & Cherry Strudel Strawberry Nut Sundae	Mixed Veg soup **GF Pork and Fennel Sausage Rolls Salmon Patties Berry Swiss Roll Pears & Chocolate	Minestrone** Zucchini Slice** Meatballs in Mushroom Sauce Apple Crumble Eton Mess GF
<b>13 May</b>	<b>14 May</b>	<b>16 May</b>	<b>17 May</b>
White Bean & Tomato Soup GF** Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Thai Pumpkin Soup GF ** Roast Pork Quiche** Panna Cotta with Berries Apricot Crumble	Carrot & Lentil Soup GF ** Corned Silverside Zucchini, Tomato & Capsicum Slice** Mango Mousse Sticky Date Pudding	Bulgur, Lentil & Spinach Soup** Chicken Cacciatore Crumbed Fish Meringue Nest GF Lamington Swiss Roll
<b>20 May</b>	<b>21 May</b>	<b>23 May</b>	<b>24 May</b>
Mixed Veg Soup GF ** Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Chicken & Veg Soup Zucchini & Feta Fritters** Beef Lasagne Apple Crumble Tiramisu	Red Lentil & Celery soup ** Chicken Parmigiana Cauliflower Curry GF Orange Syrup Pudding Strawberry Nut Sundae	Pea & Ham Soup GF Cottage Pie Vegetable Frittata** Lemon Meringue Chocolate Log
<b>27 May</b>	<b>28 May</b>	<b>30 May</b>	<b>31 May</b>
Mushroom/Potato Soup GF ** Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Tomato & bean Soup GF ** Beef Rissoles Tuna Bake Berry Crumble Peach Flan	Thai Pumpkin Soup GF ** Lentil Patties Lamb Casserole GF Honey & Star Anise Panna Cotta GF Pears and Custard	Chickpea & Spinach Soup GF ** Chicken in Honey & Mustard Quiche Lebanese Custard Slice Trifle

**Mondays – available 9.30am – 1pm**

**\*\*indicates a Vegetarian dish GF indicates Gluten Free**

Monday	Tuesday	Thursday	Friday
<b>3 June</b>	<b>4 June</b>	<b>6 June</b>	<b>7 June</b>
Chicken & Veg Soup Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Bulgur, Lentil & Spinach Soup** Beef Goulash Bangers & Mash Peach Upside Down Cake Eton Mess GF	Minestrone Soup** Quiche** Beef & Guinness Pie Chocolate Bavarian Apple & Custard Filo Pie	Leek & Potato Soup GF ** Roast Chicken GF Salmon Patties Orange & Coconut Cake Peach Melba
<b>10 June</b>	<b>11 June</b>	<b>13 June</b>	<b>14 June</b>
<b>PUBLIC HOLIDAY</b>	Roast Fennel Soup** GF Cheese & Spinach Pie ** Beef Rissoles Apple Crumble Lamington Roll	Beef & Noodle Soup Chicken Schnitzel Stuffed Tomatoes GF** Panna Cotta with Berries Cheesecake	Pumpkin & Lentil Soup** GF Tuna Bake Roast Vegetable & Feta Filo Rolls** Sticky Date Pudding Cherry and Coconut Strudel
<b>17 June</b>	<b>18 June</b>	<b>20 June</b>	<b>21 June</b>
Potato & Spinach Soup GF ** Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Pumpkin soup GF ** Cauliflower Curry GF ** Crumbed Fish Salted Caramel Dumplings Choc/Vanilla Panna Cotta	Potato and Bacon Soup Roast Pork GF Pumpkin Lasagne** Pears and Chocolate Pavlova Roll	Yellow Split Pea Soup ** GF Chicken & Vegetable Pie Beef & Burgundy Casserole Tiramisu Lemon Pudding
<b>24 June</b>	<b>25 June</b>	<b>27 June</b>	<b>28 June</b>
Leek & Potato Soup** GF Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Thai Pumpkin Soup** GF Tuna Bake Meatloaf Orange Syrup Puddings Chocolate Custard Slice	Potato and Cauliflower Soup** GF Quiche** Apricot Chicken Apple Cake Berry Mouse	Minestrone Soup** Chicken Stroganoff Bangers & Mash Trifle Meringue Nests GF

**Please note: Menu is subject to change without notice.**