

The City of Unley Home Support Program receives grant funding through the Commonwealth Home Support Programme (CHSP) to provide small amounts of entry-level support to assist eligible older people aged over 65 (50 years and over for Aboriginal and Torres Strait Islander people) to maintain their independence and continue living safely at home and in their communities

We can work with you to determine what your needs are and what you are able to continue doing, with a focus on regaining or retaining your level of independence, so you can continue to manage your day to day life.

All services are subject to funding availability and while the times and frequency of services below are stated, **this is a guide only**, created to ensure we maximise the funding we receive to support the most amount of people we can. Services can be modified to suit individual needs and circumstances, we understand that not all our clients' needs are the same. We want the services we provide to help achieve positive outcomes and to reach individualised goals, so we will work flexibly with our clients where we can to make this happen.

Domestic Cleaning Assistance

A routine hygienic clean is available on either a 2-weekly or 4-weekly basis for a maximum of 2 hours per visit, this can include:

<ul style="list-style-type: none"> • Sweeping, vacuuming and mopping of floors 	<ul style="list-style-type: none"> • Sweeping front and back porch/entrance
<ul style="list-style-type: none"> • Cleaning bathrooms, toilets and laundry (wet areas) 	<ul style="list-style-type: none"> • Ironing
<ul style="list-style-type: none"> • Wiping over kitchen benches 	<ul style="list-style-type: none"> • Changing bed linen and hanging out laundry
<ul style="list-style-type: none"> • Others task of a similar nature as approved by the Coordinator 	

Internal Spring/Seasonal Cleaning

Bookings are once every 4 months for up to 2 hours per service but can be extended on an individual case by case basis, this can include:

<ul style="list-style-type: none"> • General cleaning as above 	<ul style="list-style-type: none"> • Cleaning fridges (inside & out)
<ul style="list-style-type: none"> • Cleaning cupboards (inside and out) 	<ul style="list-style-type: none"> • Cleaning out microwaves and ovens (inside & out)
<ul style="list-style-type: none"> • Wiping over bathroom tiles and shower alcoves 	<ul style="list-style-type: none"> • Take down curtains, wash and rehang
<ul style="list-style-type: none"> • Dusting window ledges, skirting boards, light fittings, blinds and furniture 	<ul style="list-style-type: none"> • Cleaning behind and/or under furniture as appropriate and safe to do so
<ul style="list-style-type: none"> • Removing curtains for washing and re-hanging 	<ul style="list-style-type: none"> • Cleaning exhaust fans, rangehoods and ceiling fans
<ul style="list-style-type: none"> • Others task of a similar nature as approved by the Coordinator 	

Shopping Assistance

Shopping assistance is available as either a 'shop with' (worker accompanies client) or a 'shop for' (worker shops on behalf of the client using a list) service. The service is available for up to 2 hours per visit on either a weekly or fortnightly basis and can include:

<ul style="list-style-type: none">• Grocery shop (within the Eastern Region)	<ul style="list-style-type: none">• Fruit/veg shop (within the Eastern Region)
<ul style="list-style-type: none">• Take client to bank, pharmacy or post office (within the Eastern Region)	<ul style="list-style-type: none">• Other occasional shopping support outside of the Eastern Region can be arranged as approved by the Coordinator

Flexible Respite

<ul style="list-style-type: none">• In Home – between 3 to 5 hours per week where a worker can spend time in the home with the care recipient, allowing the carer to leave the house to attend appointments/social engagements etc.
<ul style="list-style-type: none">• Out of home – between 3 to 5 hours per week where a worker can take the care recipient out of the home for a coffee, walk or outing, allowing the carer to spend time at home on their own, or attend appointments/social engagements etc
<ul style="list-style-type: none">• Others support of a similar nature as approved by the Coordinator

Window Cleaning

Window cleaning is available once every 4 months for up to 2 hours per service, this can include:

<ul style="list-style-type: none">• Removal and cleaning of detachable screens, if safe and easy to do so
<ul style="list-style-type: none">• Cleaning the inside and outside of all accessible windows on the abode
<ul style="list-style-type: none">• Wiping down of inner and outer window ledges, if accessible

Gutter Cleaning

Gutter cleaning is available once every 4 months for up to 2 hours per service. This does not include removal of gutter guard and gutter cleaning of any structures or buildings not connected to the main abode, this can include:

<ul style="list-style-type: none">• Removing all leaves and other debris from all safely accessible gutters, including box gutters and valleys
<ul style="list-style-type: none">• Checking gutters and flushing the down pipes to ensure they are clear of obstructions
<ul style="list-style-type: none">• Placing the gutter debris in a place nominated by the client (i.e. on the garden, in green bin, in compost)

Essential Gardening

Essential gardening is available for up to 16 hours per household, per financial year and is available to assist you to maintain your garden to ensure safety and security, this can include:

<ul style="list-style-type: none"> • Cut back shrubs/bushes/trees that are below gutter height (2.4 meters) 	<ul style="list-style-type: none"> • Whipper snip weeds/grasses to maintain safety
<ul style="list-style-type: none"> • Sweep or blow leaves to clear paths around the home 	<ul style="list-style-type: none"> • Removal of green waste and general rubbish
<ul style="list-style-type: none"> • Cut back climbers that are below gutter height 	<ul style="list-style-type: none"> • Spread mulch in the garden
<ul style="list-style-type: none"> • Others task of a similar nature as approved by the Coordinator 	

Home Maintenance Services

The home maintenance service is available on an as needs basis and is available to assist you to maintain your home to ensure safety and security, this can include:

Home Safety and Security	
<ul style="list-style-type: none"> • Installation or repairs of deadlocks 	<ul style="list-style-type: none"> • Installation or repairs of window and patio locks
<ul style="list-style-type: none"> • Installation of padlocks to gates and ETSA meter boxes 	<ul style="list-style-type: none"> • Installation of key safes, Perspex key guards and door viewers
<ul style="list-style-type: none"> • Others task of a similar nature as approved by the Coordinator 	

Basic Handyperson services	
<ul style="list-style-type: none"> • Minor plumbing (tap washers and toilet cistern washers) 	<ul style="list-style-type: none"> • Minor electrical (replacing light globes and smoke alarm batteries)
<ul style="list-style-type: none"> • Replacing non-hardwired smoke alarms if over 10 years old 	<ul style="list-style-type: none"> • Installing non-hardwired smoke alarms
<ul style="list-style-type: none"> • Replacing fly wire on screen doors and windows 	<ul style="list-style-type: none"> • Minor fence and gate repairs
<ul style="list-style-type: none"> • Minor carpentry repairs (e.g.: plane a door) 	<ul style="list-style-type: none"> • Fixing cupboard door hinges
<ul style="list-style-type: none"> • Putting screens back on rollers 	<ul style="list-style-type: none"> • Putting curtain rods back up
<ul style="list-style-type: none"> • Putting hoses and attachments together 	<ul style="list-style-type: none"> • Cleaning ceiling fan blades
<ul style="list-style-type: none"> • Re-lighting pilot lights 	<ul style="list-style-type: none"> • Changing clocks for the beginning/end of daylight-saving time
<ul style="list-style-type: none"> • Assist with moving hard rubbish to the kerb (light enough for 1 person) 	<ul style="list-style-type: none"> • Clean air conditioner filters following the instructions as specified in the unit's manual
<ul style="list-style-type: none"> • Others task of a similar nature as approved by the Coordinator 	

Home Modifications

A subsidy towards home modifications is available once per financial year. An Occupational Therapy assessment must be carried out and the recommendations provided to City of Unley prior to any works being undertaken by our contractors.

<ul style="list-style-type: none">• Installation of grab rails and bannister rails	<ul style="list-style-type: none">• Installation of ramps
<ul style="list-style-type: none">• Installation of magnetic door catches and extension brackets	<ul style="list-style-type: none">• Installation of steps
<ul style="list-style-type: none">• Installation of hand-held showers	<ul style="list-style-type: none">• Installation of non-slip flooring• Other modifications of a similar nature as approved by the Coordinator

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Although funding for this home support program has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.