

PRICES

Lunch

Entrée Soup	\$3	Tea/Coffee	\$1
Main Soup	\$6	Biscuits	50c
Main Course	\$6		
Dessert	\$3		

Takeaway

Frozen Soup	\$3
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***** Meals are prepared fresh every day

BOOKINGS

Bookings are essential. Phone 8372 5128

Please complete a registration form if you would like a regular booking, or alternatively, contact the Unley Community Centre to make a casual booking (**before 9.30am on the day**)

If you need to change or cancel a booking, please contact the Centre as soon as possible.

The Circuit Café is proudly brought to you by The City of Unley and a host of wonderful volunteers. It is only through the dedication of these volunteers that this fantastic service exists



CIRCUIT CAFÉ UNLEY COMMUNITY CENTRE

18 Arthur Street, Unley SA 5061
Phone: 8372 5128
unley.sa.gov.au

11 March – 5 May 2024



CIRCUIT CAFÉ

UNLEY COMMUNITY CENTRE



Welcome to the Circuit Café, a friendly, community orientated meal service nestled in the Unley Community Centre at 18 Arthur Street. A great place to meet new people, catch up with friends and enjoy a delicious, affordable meal.

***Please note that the Monday meal service is changing.
See enclosed for more details.**

Open: *Monday, Tuesday, Thursday, and Friday

Meals served between 11.30am and 12.30pm (Orders need to be placed by 12.15pm)

*No bookings required on Mondays; Mondays open 9.30am – 1pm

All casual bookings must be phoned in before 9.30am on the day

Cost: Soup \$3 Main \$6 Dessert \$3

Unley Community Centre - 18 Arthur Street, Unley

Bookings Essential, Phone 8372 5128

CELEBRATING THE OVER FIFTIES WITH FRIENDS & FOOD

Monday 11 March	Tuesday 12 March	Thursday 14 March	Friday 15 March
ADELAIDE CUP PUBLIC HOLIDAY CLOSED	Beef & Noodle Soup Chicken Dianne Spinach & Cheese Cannelloni** Coconut & Cherry Strudel Strawberry Nut Sundae	Mixed Veg soup **GF Pork and Apple Sausage Rolls Salmon Patties Berry Swiss Roll Pears & Chocolate	Minestrone** Zucchini Slice** Meatballs in Mushroom Sauce Apple Crumble Eton Mess GF
18 March Harmony Week	19 March ASIAN Harmony Week	21 March INDIAN Harmony Week	22 March GREEK Harmony Week
Bulgur, Lentil & Spinach Soup** Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Thai Pumpkin Soup GF ** Chicken Stir Fry Dumplings** Coconut Panna Cotta Asian Fruit Salad	Carrot & Lentil Soup GF ** Mild Indian Veg Rolls** Butter Chicken with Naan Orange Spice Cake Mango Lassi Mousse	White Bean & Tomato** Slow cooked Lamb Vegetarian Moussaka Bougatsa (warm custard pie) Semolina and Lemon cake
25 March	26 March	28 March	29 March
Mixed Veg Soup GF ** Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Chicken & Veg Soup Zucchini & Feta Fritters** Beef Lasagne Apple Crumble Tiramisu	Red Lentil & Celery soup ** Chicken Parmigiana Roast Pork GF Orange Syrup Pudding Strawberry Nut Sundae	EASTER PUBLIC HOLIDAY CLOSED
1 April	2 April	4 April	5 April
EASTER PUBLIC HOLIDAY CLOSED	Tomato & bean Soup GF ** Beef Rissoles Vegetable Filo Parce** Berry Crumble Peach Flan	Thai Pumpkin Soup GF ** Tuna Bake Lamb Casserole GF Honey & Star Anise Panna Cotta GF Fruit Salad & Ice Cream	Chickpea & Spinach Soup GF ** Tomato & Parmesan Chicken GF Quiche Lebanese Custard Slice Trifle

Mondays – available 9.30am – 1pm

Monday 8 April	Tuesday 9 April	Thursday 11 April	Friday 12 April
Chicken & Veg Soup Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Bulgur, Lentil & Spinach Soup** Beef Goulash Bangers & Mash Peach Upside Down Cake Eton Mess GF	Leek & Potato Soup GF ** Quiche** Roast Chicken GF Chocolate Bavarian Apple Pie	Minestrone Soup** Salmon Patties Beef & Guinness Pie Orange & Coconut Cake Peach Melba
15 April	16 April	18 April	19 April
Barley & Veg Soup** Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Bean & Spinach Soup**GF Cheese & Spinach Pie ** Beef Rissoles Cheesecake Apple Crumble	Beef & Noodle Soup Butter Chicken Stuffed Tomatoes GF** Panna Cotta with Berries Lamington Roll	Pumpkin & Lentil Soup** GF Tuna Bake Roast Vegetable & Feta Filo Wraps** Apple Cake Fruit Salad & Ice cream
22 April	23 April	25 April	26 April
Potato & Spinach Soup GF ** Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Pumpkin soup GF ** Cauliflower Curry GF ** Crumbed Fish Salted Caramel Dumplings Choc/vanilla Panna cotta	ANZAC DAY PUBLIC HOLIDAY CLOSED	Yellow Split Pea Soup** GF Chicken & Vegetable Pie Corned Silverside Tiramisu Lemon Pudding
29 April	30 April	2 May	3 May
Leek & Potato Soup** GF Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Thai Pumpkin Soup** GF Tuna Bake Meatballs in Tomato Sauce Orange Syrup Puddings Chocolate Nut Sundae	Potato and Cauliflower Soup** GF Quiche** Apricot Chicken Apple Cake Eton Mess GF	Minestrone Soup** Chicken Stroganoff Bangers & Mash Trifle Meringue Nests GF

Please note: Menu is subject to change without notice

****indicates a Vegetarian dish GF indicates Gluten Free**