

PRICES

Lunch

Entrée Soup	\$3	Tea/Coffee	\$1
Main Soup	\$6	Biscuits	50c
Main Course	\$8		
Dessert	\$3		

Takeaway

Soup	\$4
------	-----

***** Meals are prepared fresh every day

BOOKINGS

Are essential. Phone 8372 5128

Please complete a registration form if you would like a regular booking, or alternatively, contact the Unley Community Centre to make a casual booking (**before 9.30am on the day**)

Cancellations/changes - please contact the Centre as soon as possible.

The Circuit Café is proudly brought to you by The City of Unley and a host of wonderful volunteers. It is only through the dedication of these volunteers that this fantastic service exists.



CIRCUIT CAFÉ
UNLEY COMMUNITY CENTRE
18 Arthur Street, Unley SA 5061
Phone: 8372 5128
unley.sa.gov.au

19 January – 13 March 2026



CIRCUIT CAFÉ

UNLEY COMMUNITY CENTRE

Welcome to the Circuit Café.

a friendly, community orientated meal service nestled in the Unley Community Centre at 18 Arthur Street. A great place to meet new people, catch up with friends and enjoy a delicious, affordable meal.



CIRCUIT CAFÉ OPENING HOURS:

Mondays – light meals served from 9.30am until 12.45 pm

*No bookings required for Mondays, just drop in

Tuesday, Thursday, and Friday. *Bookings required by 9.30 am the **LATEST**

Lunch served between 11.30am and 12.30pm

Phone: 8372 5128 for Bookings or enquiries

CELEBRATING THE OVER FIFTIES WITH FRIENDS & FOOD

Monday	Tuesday	Thursday	Friday
19 January	20 January	22 January	23 January
Pumpkin Soup**GF Chef's Special Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Beef & Noodle Soup Chicken Dianne GF Spinach & Cheese Cannelloni ** Pavlova Roll **GF Panna Cotta with Berries	Mixed Veg soup **GF Meatloaf GF Tuna Bake Berry Swiss Roll Pears & Pistachio Bake	Circuit Café Closed
26 January	27 January	29 January	30 January
AUSTRALIA DAY PUBLIC HOLIDAY	Thai Pumpkin Soup GF ** Chicken Parmigiana Zucchini, Tom & Capsicum Slice GF** Berry & Chocolate Pudding Jam & Cream Swiss Roll	Carrot & Lentil Soup GF ** Corned Silverside GF Apricot Chicken Coconut & Cherry Strudel Cheesecake	Potato and Cauliflower Soup** GF Roast Pork GF Crumbed Fish Apple Cake Sticky Date Pudding
2 February	3 February	5 February	6 February
Mushroom/Potato Soup GF ** Chef's Special Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Minestrone Soup** Chicken & Vegetable Pie Zucchini & Feta Fritters** Apricot Crumble Orange Syrup Pudding	Chicken & Veg Soup GF Meatballs in Mushroom Sauce Jacket Potatoes GF ** Meringue Nests GF Tiramisu	Yellow Split Pea Soup GF ** Pumpkin & Ricotta Rolls** Cottage Pie GF Chocolate Log Apple Strudel
9 February	10 February	12 February	13 February
Chickpea & Spinach Soup GF ** Chef's Special Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Mixed Veg Soup GF ** Moroccan Filo Rolls** Beef & Guinness Pie Berry Crumble Fruit Salad & Ice Cream GF **	Barley & Veg Soup** Lamb Casserole GF Quiche** Honey Panna Cotta GF Trifle	Tomato & bean Soup GF ** Chicken Dianne GF Tuna Bake Lebanese Custard Slice GF Peach Flan

Mondays – available 9.30am – 1pm

****indicates a Vegetarian dish GF indicates Gluten Free**

Monday	Tuesday	Thursday	Friday
16 February	17 February	19 February	20 February
Chicken & Veg Soup GF Chef's Special Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Bulgur, Lentil & Spinach Soup** Corned Silverside GF Indian Filo Rolls ** Mango Tiramisu Pears & Chocolate	Leek & Potato Soup GF ** Zucchini Slice GF** Honey-Soy Meatballs Pineapple Upside Down Cake Eton Mess GF	Minestrone Soup** Roast Chicken GF Pumpkin & Pesto Lasagne** Orange & Coconut Cake Strawberry Nut Sundae
23 February	24 February	26 February	27 February
Barley & Veg Soup** Chef's Special Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Beef & Noodle Soup Pumpkin & Ricotta Rolls** Meatballs in Mushroom Sauce Apple Cake Fruit Salad& Ice Cream GF **	Potato and Cauliflower Soup GF** Crumbed Fish Butter Chicken Chocolate Custard Slice Panna Cotta with Berries GF	Pumpkin & Lentil Soup** GF Vegetable & Feta Filo Rolls** Meatloaf GF Cheesecake Jam & Cream Swiss Roll
2 March	3 March	5 March	6 March
Thai Pumpkin Soup GF ** Chef's Special Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Yellow Split Pea Soup**GF Roast Pork GF Cheese & Spinach Pie ** Lemon Meringue Pie Sticky Date Pudding	Pumpkin soup GF ** Cauliflower Curry GF ** Chicken Parmigiana Chocolate & Pears Coconut & Cherry Strudel	Carrot & Lentils Soup GF** Quiche** Beef & Guinness Pie Meringue Nests GF Apple Cake
9 March	10 March	12 March	13 March
PUBLIC HOLIDAY CLOSED	Thai Pumpkin Soup** GF Chicken Stroganoff GF Bangers & Mash Peach Flan Strawberry Nut Sundae	Bean & Spinach Soup GF** Salmon Patties Cottage Pie GF Orange Syrup Pudding Pavlova Roll **GF	Potato and Bacon Soup GF Lamb Casserole GF Zucchini Slice ** Sticky Date Pudding Tiramisu

Please note: Menu is subject to change without notice.